



"During a period of psychosis a person's thoughts & perceptions are disturbed & they may have difficulty understanding what is real & what is not. Each person's experience is different" - National Alliance on Mental Illness (NAMI)

"About 3% of people experience psychosis at some point during their lifetime" -National Institute on Mental Health (NIMH)

"Coordinated Specialty Care for Early Psychosis uses a *team-based, client centered, recovery oriented approach* to improve functioning & health" -NIMH

"The earlier a person experiencing psychosis receives Coordinated Specialty Care services, the better their quality of life" - NAMI

Healthy Minds

A Coordinated Specialty Care Treatment Program for Early Psychosis

SERVICES OFFERED

- **Employment & Education Support:** Goal-directed services promoting school and work success
- **Care Coordination:** Participant guided, individualized, goal-oriented support
- **Medication Management:** Education regarding the benefits & risks of using prescribed medication to manage symptoms as well as direct prescriber services
- **Individual Engagement & Support:** Recovery-focused, individualized psychoeducation & therapeutic services
- **Peer Support:** Connecting the participant with others who have had similar experiences
- **Family Services:** Provides education & support to family members & other supportive persons

Enrollment Criteria

- Individual has experienced psychotic symptoms for no more than 2 years (e.g. hallucinations, delusional thoughts, bizarre behavior, paranoia, and/or disorganized speech)
- Symptoms are not caused by a medical condition or substance use
- Individual must not have a documented IQ below 70
- Individual must reside in Hillsborough County and meet funder income guidelines

For more information, contact:

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