

PATHWAYS



PATHWAYS Hillsborough is an extension of the original Pathways Program established at BayCare Behavioral Health in 2013. This innovative model of care provides engagement, evaluation, education and empowerment activities through coaching and navigation strategies for patients and families who are seeking help for mental health and substance abuse issues.

PATHWAYS Hillsborough will assist individuals and their families on their journey through the maze of mental illness and addiction by coaching and connecting them with urgent and routine clinical resources in the Tampa Bay area and beyond.

Northside Behavioral Health Center collaborates with BayCare Hillsborough County Hospitals, including South Florida Baptist, St. Joseph's Hospital Main, St. Joseph's Hospital North, and St. Joseph's Behavioral Health Center.



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Did You Know?

United States

- In 2017, an estimated 46.6 million adults aged 18 or older (**18.9 percent**) had a mental illness in the past year. An estimated 11.2 million adults in the nation had a serious mental illness in the past year, representing 4.5 percent of all U.S. adults.
(SAMHSA 2017 National Survey)
- Every day, more than 115 people in the United States die after overdosing on opioids.
(March 2018 National Institute of Health)

Florida

- Floridians with behavioral health issues today total **4,088,089**.
(National Council for Behavioral Health)
- Florida state funding per capita for behavioral health = **\$ 33.57 per person**.
(DCF funding per capita for behavioral health)
- Florida is **50th** in the nation in per capita for mental health service expenditures.
(Kaiser Family Foundation)

Tampa Bay

- The most significant Community Health Needs for the St. Joes Healthcare service areas of 15 targeted health priority issues for Hillsborough identified mental health as #1 and substance use as #8.
- The most significant Community Health Needs for the South Florida Baptist Healthcare service area of 15 targeted health priority issues for Hillsborough identified mental health as #2 and substance abuse as #8.

PATHWAYS HILLSBOROUGH



Every person deserves appropriate and timely linkage to necessary services, specialty providers and community resources when accessing community behavioral healthcare services.



PATHWAYS Hillsborough is supported by St. Joseph's Hospital of the BayCare Health System.

Who We Are

PATHWAYS Hillsborough is a team of highly skilled mental health professionals providing personalized coaching and navigation for individuals and families walking through the maze of mental illness and addiction. The four essential core competencies are engagement, evaluation, education and empowerment. Services are available 24/7.

The original PATHWAYS program grew out of the sheer determination of a group of families whose lives had been forever altered by the challenges of navigating the behavioral healthcare system. The need for timely coordination of services was of utmost importance when the need is present and prior to 2013, there had been no one available to provide this type of professional support.

The primary function of PATHWAYS is to effectively engage families/individuals, coordinate accurate screening and evaluation, educate and link interventions and treatment services and empower those served when it matters most. Enhanced engagement and navigation maximizes potential for positive outcomes in both urgent and routine care.

Who We Serve

PATHWAYS Hillsborough will provide timely and effective coaching and navigation to maximize the potential for positive outcomes to assist defined priority populations who are not effectively connected with the services and supports they need to transition or engage successfully between levels of care. All referrals will be screened for eligibility by contacting the program directly.

Our Services

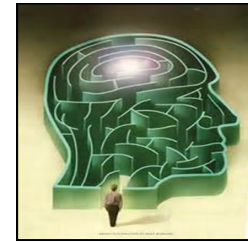
We are aware of the difficulties individuals and families face with the system of care and we are here to provide compassionate, personalized and expert navigational services for those we serve. Personalized coaches will be present to listen to your needs and provide linkage to the appropriate services.

Coaches will engage and assist individuals and families in creating a personalized roadmap for wellness and success-based upon an individual's or family's needs and goals.

Our philosophy of care is solution-focused, client and family-centered and specializes in enhancing motivation toward desired change. Our desire is to equip you with the information and resources needed to embrace wellness and recovery.

Primary services include:

- **Engagement:** the art of coaching and assisting individuals and families to meet their personal goals by listening, guiding and encouraging trust and rapport.
- **Evaluation:** assuring an accurate assessment of needs.
- **Education:** ensure timely navigation for individuals and families to identify resources in the community related to their behavioral health needs.
- **Empowerment:** Assisting individuals and families with the skill set of choice, influence and control of their unique situations.



PATHWAYS Hillsborough is a Northside Behavioral Health Care project funded through BayCare's St. Joseph's Hospital. Therefore, services are provided at no cost to individuals and their families.



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