



Case-Based Discussion: Pick One Case for Your Discussion

Please discuss the following patient cases, still considering information from the previous training, discuss how you would apply the principles of shared decision making (see the list below). Each group should select one (1) of the three cases below to discuss. Be prepared to report back what you discussed.

Shared decision making: 1. introduce the conversation, 2. elicit informed preferences, 3. provide decision support, 4. support successful method use, including the option to switch.

Case 1:

A 14 yo visits the clinic because, since she started her period at 12 years old, periods have become less frequent. When she has a period, it can be painful, and the bleeding is excessive. She scheduled a visit to discuss menstrual concerns. Upon the nursing staff asking the Self-Identified Need for Contraception question, the patient says she might be interested in contraception but doesn't really have money to pay for birth control and doesn't want their parent to find out. How would you proceed with this discussion?

Case 2:

A 22 yo woman comes in for STI testing, but when the nursing team asks her the Self-Identified Need for Contraception question, she responds that she would like to talk about birth control today. After the provider greets her warmly and introduces the conversation, she responds by saying "I've taken birth control pills before. Can I get another prescription for that?" How would you proceed with this discussion?

Case 3:

An 18-year-old woman comes to your clinic interested in PrEP. When asked the Self-Identified Need for Contraception question, she expresses that she isn't interested in hormonal birth control but would be open to learning about natural methods. How would you proceed with this discussion?